Interference and Facilitation Effects on Stroop-like Tasks in Older Adults

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#### Introduction

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The effect of aging on susceptibility to interference on Stroop-like tasks is not clearly understood. Some previous studies have suggested slowed reaction time explains agerelated diminution on Stroop performance, while more recent meta-analyses suggest that disproportionate interference effects are seen with aging, regardless of slower reaction times. In addition, other variables such as education and IQ have been suggested to mediate Stroop-like effects in older participants

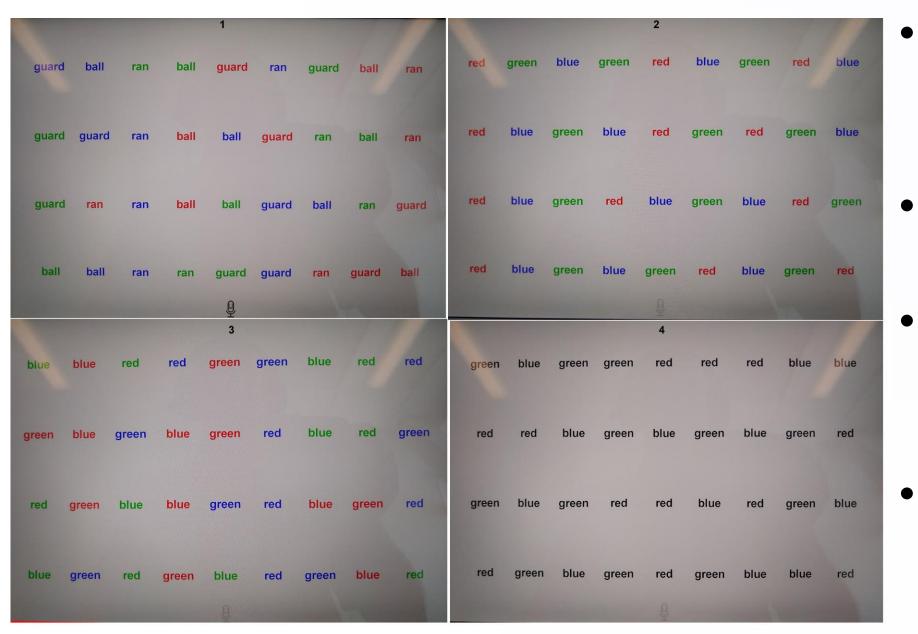
#### **Participants**

- n = 392 healthy older adults, 39% female
- Mean age: 70.8 (SD = 6.5), range 60-89
- Mean education: 15.7 (SD = 2.2), range: 7-20
- Ethnicity: 11% Black, 11% Asian, 8% other/mixed race, 7% Hispanic / Latinx

### **Test Materials**

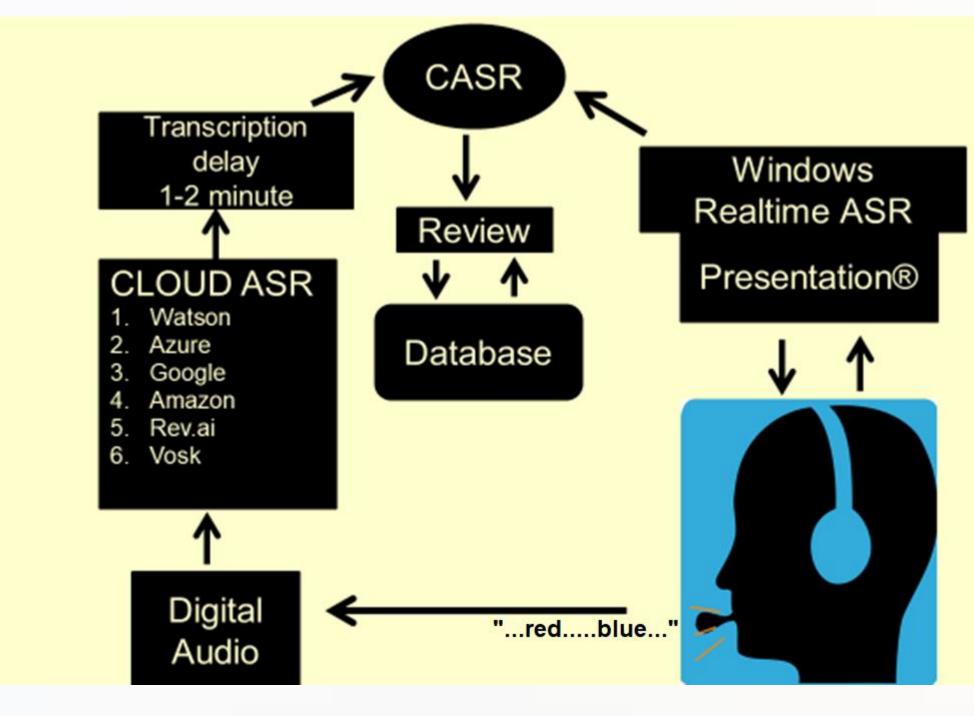
- > California Cognitive Assessment Battery (CCAB)
- automated battery administered remotely at-home
- versions in English and Spanish available
- includes cognitive tests & psychological questionnaires
- → 4 types of Stroop-like pages:
  - > Naming colors of unrelated words (ran, guard, ball)
  - Compatible colored words (red, green, blue)
  - > Incompatible colored words (red, green, blue)
  - > Reading uncolored words (red, green, blue)

## **Procedures**



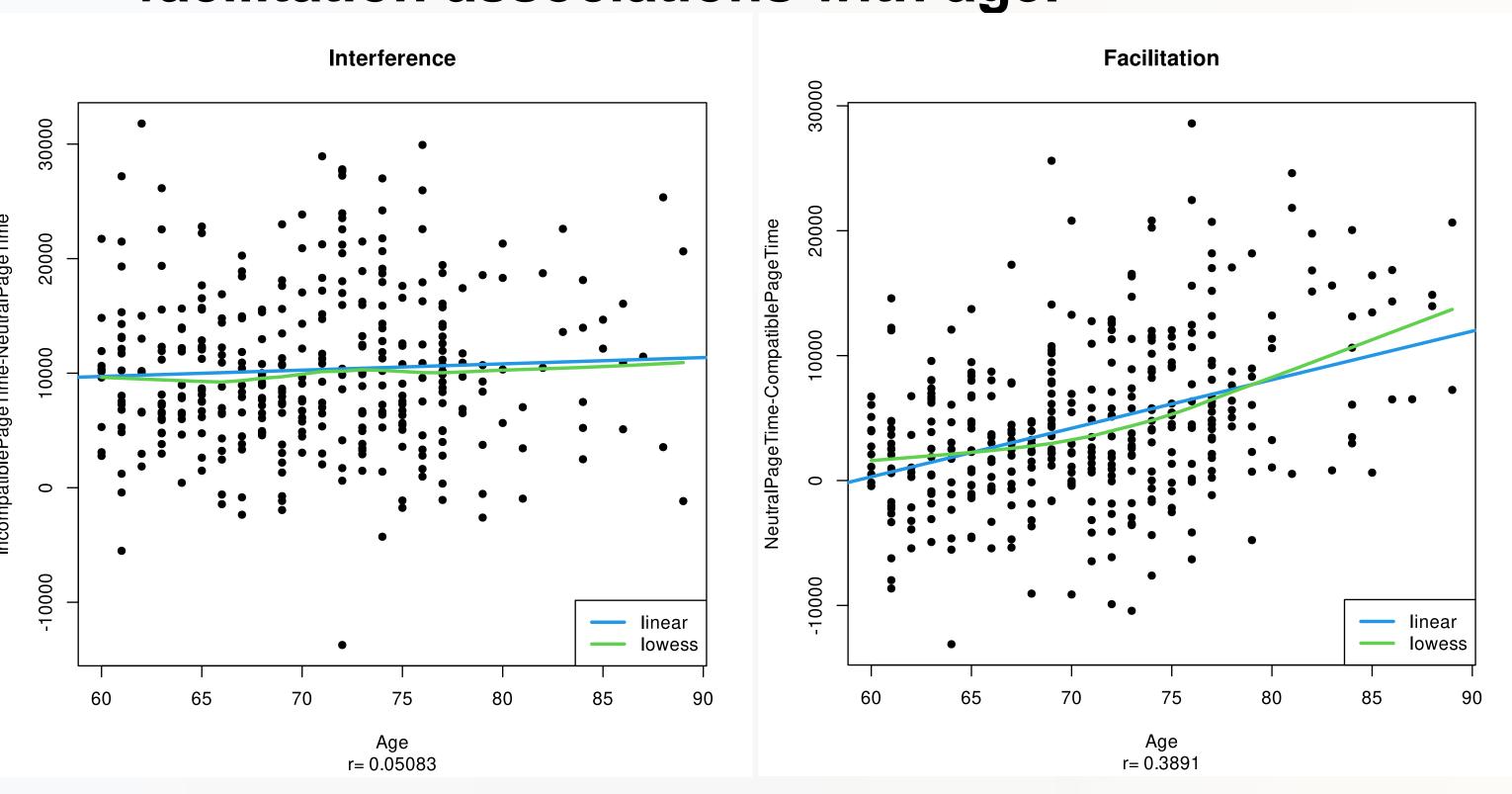
- Name colors or read words as fast as possible
- Efficient, remote, athome testing
- Web-based examiner interface & video monitoring
- Automated instructions, training & verbal transcription

# Data Analysis: (CASR) Consensus Automatic Speech Recognition of Stroop Responses

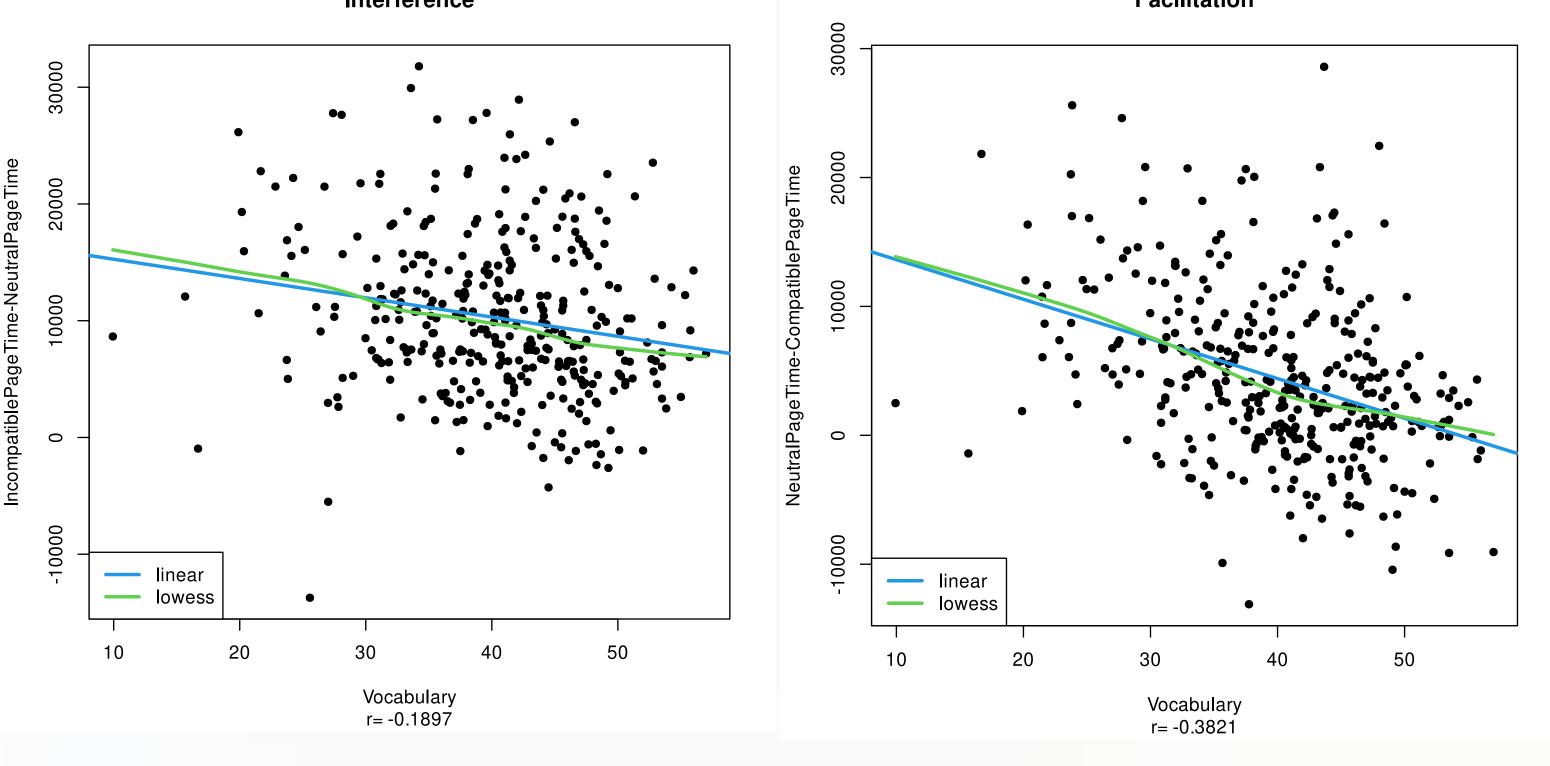


\*7 ASR engines produce automatic transcriptions at greater than 99% accuracy in Stroop-like tasks.

# Results: Stroop-like interference and facilitation associations with age.

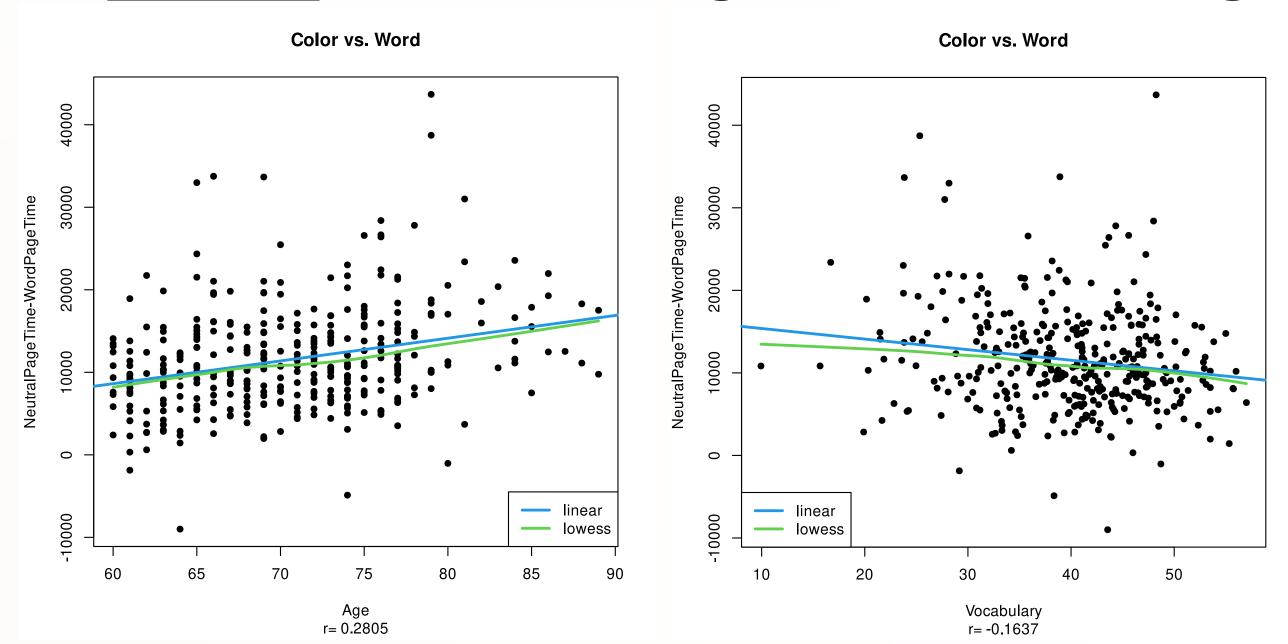


# Results: Stroop-like effects related to Vocabulary

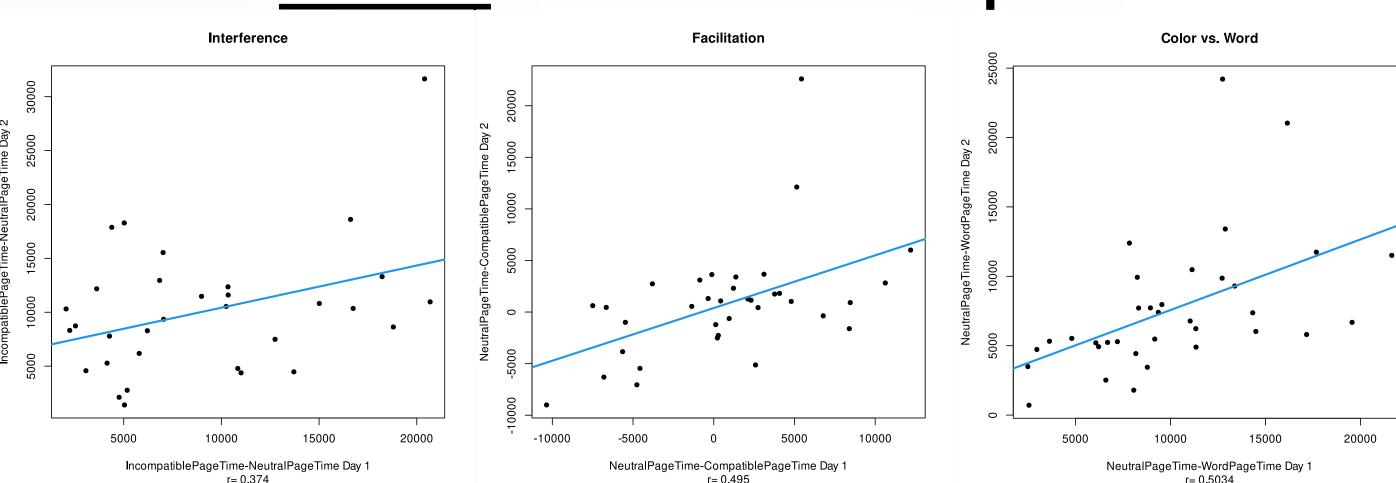


• Pearson |r| > 0.12 significant at p<0.01 for n=389

## Results: Color Naming vs. Word Reading



### **Results**: Test-Retest Sample



• N=39, 29F, age 70.5 (6.7), Education 16.8 (2.1)

## **Results: Summary**

- Only 3 subjects failed to complete the Stroop test
- Multiple regression analysis showed that age independently predicted facilitation effects (neutral minus congruent response times). However, other variables including gender (t = -2.8 females) and vocabulary also independently predicted Stroop facilitation, while vocabulary also independently predicted Stroop interference (incongruent minus neutral RTs), but not gender (t = -1.6 females)
- Color naming vs. Word reading correlated with both Age and Vocabulary.

## **Discussion**

 In summary, while aging has a significant impact on facilitation effects in Stroop-like tasks, additional variables such as gender and vocabulary (a proxy for IQ) also play a role in performance on these measures of selective attention.

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